



Unlocking the power of Communication

Professional and practical presentation training delivered with passion and energy. These workshops & 1:1 sessions, are specifically designed to help you and your team deal with day-to-day public speaking challenges.

These programs can help to overcome nerves, prepare brilliant speeches and deliver them in an engaging way.

Achieve a permanent shift in your communication and presentation skills.





Karen O'Donnell

Coach – Author - Speaker



I provide tailor made programs that enhance both your skillset and mindset- enabling you to communicate with more clarity and confidence.

Over the years I have gained vast encouragement and support from a number of organisations and achieved the following awards:-

- *Distinguished Toastmaster – highest award in Toastmasters 2016*
- *Professional Speaker Association – Member of the year (Ireland) 2018*
- *Accredited World Class Speaker Coach 2018*
- *Published Author & Amazon #1 Best Seller 'Discover your Inner GPS' 2019*

STAND OUT when you SPEAK UP

THE
SPEAKER COACH

BY KAREN O'DONNELL



Online Presentation & Communication Skills' Workshops

Program Objectives:

Enhance participants' confidence and leadership skills online through effective communication – and build morale and team collaboration.

Unlocking the Power of Communication



Virtually Speaking Executive Program



4 X ½ day Workshops

Participants can integrate the learning
Ongoing feedback and support for duration

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Key Features



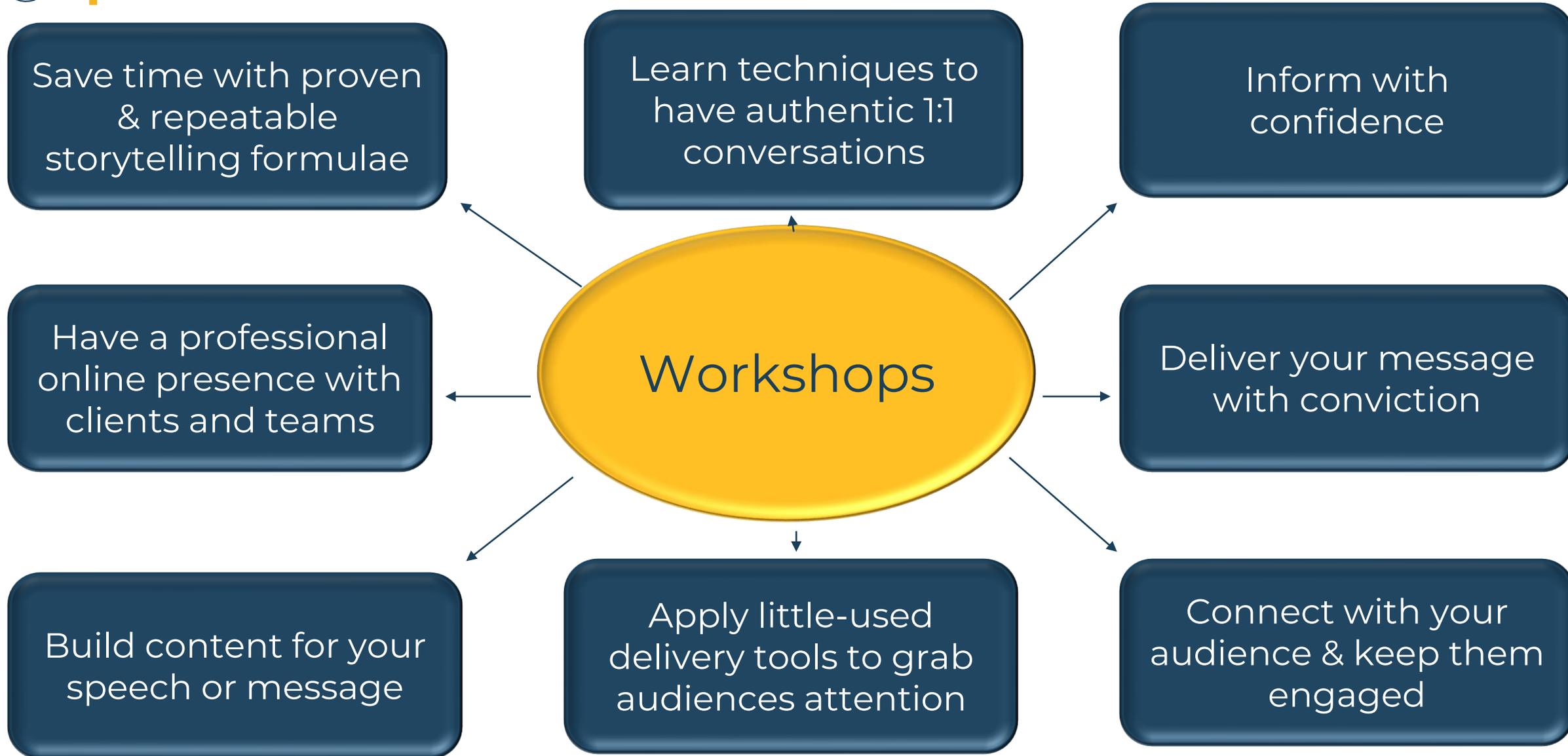
Information, Practice, Feedback and Support: The program consists of 4 workshops, along with support materials & practical objectives to enhance learnings.

Learning Challenges: Tailored challenges during workshops will ensure the participants integrate their learning which will enhance their online communication skills.

Deep learning: This program focuses on the qualities of an influential speaker, rather than a set of 'rules of communication'. Each participant is encouraged to develop their own style and create presentations that are engaging, unique and compelling.



Anticipated Outcomes for Participants





Workshop Themes

STAND OUT when you SPEAK UP

Foundations to effective presentations

Gaining confidence when communicating online

Structure content

Dynamic Delivery

Body language, vocal delivery and confidence

How to be memorable

Use of innovative visual aids, interactivity, props & metaphors.

Mastering the pieces to Storytelling

Develop strong messaging

Enhance your unique style

Connect your content to the audiences' needs

Courageous Conversations - EQ

Authentic Communication

Building Team resilience

Enhance awareness and influence



Workshops



Before: Each participant will be invited to complete a short questionnaire. This allows their individual needs to be addressed, even though it is a group session.

During: This program is highly interactive, fast-moving and will have each person in the group speaking up at various times throughout the session. While there is an overall atmosphere of fun there is also a serious amount of learning taking place.

After: As an on-going project of delivery, feedback received from each workshop will be fielded back to HR.

Participants will have access to a **client only** area on **The Speaker Coach** website where we share useful resources along with slides from the workshops.



Client's words:

I've known Karen since December 2015 when I reached out to her with a request for support to help me in my goal of improving the communication skills of my team in work. From day 1 Karen has shown herself to be an extremely positive and supportive person with excellent communication and leadership skills. She exudes energy and has demonstrated that she has vast expertise in the areas of communication and team leadership.

As a result, my team has gone from strength to strength. We owe a lot to Karen for all the work that she has done with us.



Paul Thomson - Governance Lead - Strategy & Integration Team, People Operations at Google



Client's words:

We were looking for someone to help our software engineers (as well as managers and leaders) to flourish through improving their communications and presentation skills. Karen's credentials really stood out to us, and her engagement style made it straight-forward to tailor a package to suit our needs. Engineers, who typically stand back when it comes to a focus on soft skills, were queuing at the door for the opportunity of this professional engagement. And they weren't disappointed.

The feedback received is proving it was time well spent, with this response standing out to me, from an experienced yet quiet manager; **"I'd go as far to say it was one of the best sessions I have attended in my career"**. We are delighted with progress and wouldn't hesitate in recommending for other organisations.



Dean Caron - Director of IT Delivery, Engineering Excellence (DevOps) at Unum

3 ways The Speaker Coach can provide **online support** to you:



- 1:1 personal leadership coaching
- 1:1 presentation skills
- Group workshops

Email Karen

karen@thespeakercoach.biz

Schedule a 30minute discovery call with Karen

<https://bit.ly/3qIY315>

